



# Saisonkalender April 2019

(Seasonal Calendar April 2019)

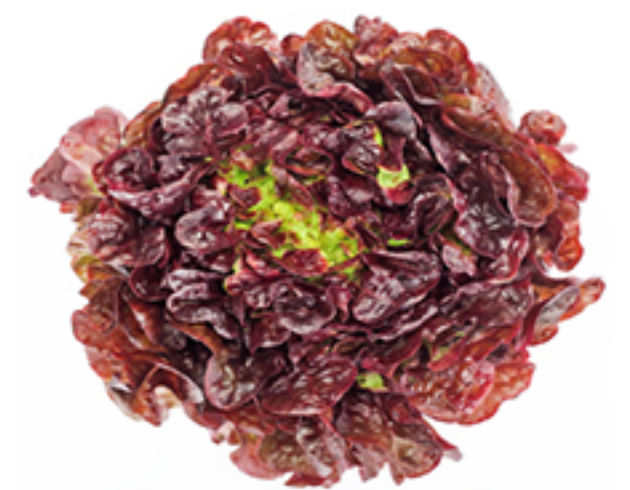
## Gemüse (Veggies)

Artischocke ( artichoke)



Champignon ( mushroom)

Eichblattsalat ( red oak leaf lettuce)



Löwenzahn ( dandelion)



Spargel ( asparagus)



Spinat ( spinach)

